



Volunteer Opportunities with Not One More York Chapter

Seeking Individuals Impacted by a Loved One's Substance Use Disorder

Are you or someone you know impacted by a loved one's substance use disorder—through loss, active addiction, or recovery? Not One More is seeking to add several passionate and dedicated individuals willing to volunteer as committee members. Your voice and experience are invaluable in our mission to support those affected by substance use disorder and promote hope and healing in our community.

Committees

- Support Group
 - C.A.R.E.S. for families and friends impacted by addiction through loss of a loved one, a loved one's active addiction or loved one in recovery.
 - Commitment – occasional
 - Family Connections – kinship families raising children due to substance use disorder. Group offers free events every other month.
 - Commitment – phone calls and other responsibilities as needed.
 - Fences and Bridges – for children ages 7-16 who have been impacted by substance use disorder. Meets second Monday of each month at the Family Center.
 - Commitment – Second Monday of each month. Primary focus will be to help with children's activities at each group meeting as directed by coordinators. Attend occasional staff meetings per request.
 - **Must be able to pass a background check and clearances.**

- Bingo
 - Two Bingo fundraisers a year.
 - **Must be able to pass a background check and clearances.**
- 5K
 - Annual walk is usually held in May. Registrations, signs, field help and other responsibilities as directed by board.

- Additional Volunteer Opportunities
 - This can include administrative tasks and social media responsibilities.

As part of your role, you may occasionally be invited to assist with special events by helping set up our resource table. Your support at these events is vital for sharing information and resources with the community, and we greatly appreciate your willingness to contribute to our outreach efforts.

Who We Are Looking For

We welcome individuals who have experienced personal loss due to substance use disorder, those who have supported a loved one through active addiction, and those who have accompanied someone on the journey of recovery. If your story reflects any of these experiences, we encourage you to apply and help us make a difference in our community.

Requirements

- Must be 18 or older.
- Strong commitment and reliability.
- Good communication skills.
- Ability to connect with families and children affected by trauma.
- Background checks and clearances are required for Fences and Bridges and Bingo.
- One-year commitment, with potential to join the board

How to Apply

Please write a letter describing your experience with substance use disorder and why you would be an asset to Not One More York. Please include the committees you are interested in volunteering for. Email your letter to admin@nomyork.org or mail it to Not One More York Family Center, 1337 East Market Street, York, PA 17403. Please be sure to include your contact information.

Why Volunteer?

- Make a meaningful impact by helping others who are struggling or healing from substance use disorder.
- Share your story, inspire hope, and help shape programs and events in the community.
- Gain valuable experience and connect with others who share your passion for change.

Deadline

Applications are due by 3/31/26. If selected, you will be notified by email and provided details for next steps.

If there are any questions, please email admin@nomyork.org.